

ESOL Skills for Life  
RQF Level: Entry 3  
Candidate Booklet - Reading  
SAMPLE VERSION

The following details must be completed:

Candidate Name:

\_\_\_\_\_

Candidate Date of Birth:

DD / MM / YYYY  
\_\_\_\_\_

Candidate Signature:

\_\_\_\_\_

Centre Name:

\_\_\_\_\_

Assessor Name:

\_\_\_\_\_

Assessment Date:

Task 1:

DD / MM / YYYY

Task 2:

DD / MM / YYYY

**INSTRUCTIONS FOR CANDIDATES:**

- Do **NOT** turn over the page to start the assessment until instructed to do so
- This assessment is made up of **2 TASKS**.
- Answer all of the questions
- You must complete this examination paper in black or blue **PEN**
- Only English – English dictionaries are permitted

# Reading Guide Time - 40 minutes

## Task 1

Read the text and answer questions 1-10.

<b>Paragraph A</b>	The government has recently recommended that children under 5 should do at least 3 hours of exercise a day. This is the first time guidelines have been given on exercise for under-fives. They include advice about babies that can't walk yet.
<b>Paragraph B</b>	Research has shown that the number of overweight and obese children has increased. This could lead to serious health problems in the future: for example diabetes and heart problems. A government official said "it is imperative that we protect our children from these problems in later life."
<b>Paragraph C</b>	Experts have suggested that children don't exercise as much as they used to. Instead of playing outside, they are watching TV or playing video games. Instead of walking short journeys, children are sitting in car seats.
<b>Paragraph D</b>	<p>How can parents encourage under-fives to exercise?</p> <ul style="list-style-type: none"> <li>• Regularly walk short journeys, e. g. to nursery or to the local shops</li> <li>• Go swimming</li> <li>• Play in the local park</li> <li>• Join a local toddler group where there will be equipment and space to run around</li> </ul> <p>Babies who are not walking yet love going swimming. Or you can encourage them to roll and play on the floor or on a 'baby gym' mat.</p>
<b>Paragraph E</b>	Parent groups said that it is very difficult to let kids go out to play, as roads are dangerous and the weather in the UK is often bad. A spokesperson said "Parents are working increasingly long hours, and have less money to spend. The government needs to provide better facilities in local areas, for example safe parks and affordable leisure centres."

1. What is the best title for the text? Circle the correct answer.

- a) Young children suffering from lack of exercise.
- b) Government criticised for lack of funding.
- c) Babies should go swimming more.

Match the purpose of the text to correct paragraph. An example has been done for you.

Purpose of text	Paragraph
<b>Example:</b> To introduce the main point of the article.	A
2. To give information about parents' response.	
3. To advise parents how to get children to exercise more.	
4. To warn about possible future problems from lack of exercise.	
5. To explain why children don't exercise enough.	

6. Which paragraph has a list of suggestions? \_\_\_\_\_

7. Which words refer to medical conditions?

- a) first time guidelines
- b) diabetes and heart problems
- c) facilities in local areas

8. What information is not in the text? Circle the correct answer.

- a) Childhood obesity can lead to health problems in the future.
- b) Ways in which children can exercise more.
- c) Children should eat less food with fat and sugar.

9. Use a dictionary to check the meaning of the word 'imperative'. It means:

- a) frequent
- b) very important
- c) difficult to notice

10. According to the text, which of these sentences is true? Circle the correct answer.

- a) Parents think that children don't need to get more exercise
- b) Babies should be encouraged to walk earlier.
- c) There are more children who are overweight or obese.

(10 marks)

**Reading Task 2**

Read the three texts and then answer the questions below.

**Text 1**

**Tiny Tots**



We \_\_\_\_\_ every Wednesday from 10 – 11.30 am in Shipley Church Hall.

Parents, grandparents and carers all welcome.

Lots for babies and toddlers to do, and a good place to meet others for a cup of tea and a chat. Only £1 entry per person.

For more information contact Rachel on 01274 334557.

**Text 2**



Are you worried about your toddler not getting enough exercise? Bring them along to Busy Bees at Shipley leisure centre, where they can take part in a fun exercise class for under-fives!

All our sessions are led by experienced and enthusiastic dance teachers? They will boost your toddlers' confidence and help them stay fit.

For more information or to book contact Sue on 01274 223434 or email suejones@hotmail.com.

**Text 3**

Shipley Leisure Centre Swimming Timetable					Tel: 01274 223235 Info@shipleypool.co.uk
	Swim for all (Main pool)	Parents & under-fives only (Baby Pool)	Women Only (Main Pool)	Aqua Splash class (Main Pool)	
Monday	7.30am- 2.30pm	12.00pm- 2.00pm	2.30pm- 4.30pm	6.00pm- 7.00pm	<div style="border: 1px solid blue; border-radius: 15px; padding: 10px; margin-bottom: 10px;">At busy times your swim time may be limited to 1 hour.</div> <div style="border: 1px solid blue; border-radius: 15px; padding: 10px; margin-bottom: 10px;">A £1 returnable deposit is needed for the use of lockers.</div> <div style="border: 1px solid blue; border-radius: 15px; padding: 10px;">Family changing rooms are available. The use of cameras is not allowed in the pool area.</div>
Tuesday	9.30am- 3.30pm	3.30pm- 5.00pm	5.00pm- 7.30pm	No class	
Wednesday	7.30am- 2.30pm	12.00pm- 2.00pm	2.30pm- 4.30pm	6.00pm- 7.00pm	
Thursday	9.30am- 3.30pm	3.30pm- 5.00pm	5.00pm- 7.30pm	No class	
Friday	7.30am- 2.30pm	12.00pm- 2.00pm	2.30pm- 4.30pm	6.00pm- 7.00pm	
Saturday	10.00am- 4.00pm	1.00pm- 4.00pm	No session	10.00am- 11.00am	
Sunday	11.00am- 4.00pm	1.00pm- 4.00pm	No session	2.00pm- 4.00pm	

1. Which text is NOT an advertisement?

2. Which text gives a price for the activity?

3. Which text does NOT give a time for the activity?

4. Which activity can you NOT find out about by email?

5. According to text 3, in which pool is the 1 o'clock to 4 o'clock afternoon session?

6. There is a word missing in text 1. Which word is it?

- a) meet
- b) meeting
- c) bring

7. In a dictionary, you will find the word 'toddler':

- a) before the word 'teacher'
- b) after the word 'teacher'

8. There is a punctuation mistake in text 2. Circle the mistake.

9. What activity can under-fives do on a Wednesday afternoon?

10. Which picture is most likely to be in text 3? Circle the correct letter.



A



B



C

(10 marks)

**END OF READING ASSESSMENT**

### Assessment Decision Record

Candidate Name:

#### Task 1

Question 1	/1
Question 2	/1
Question 3	/1
Question 4	/1
Question 5	/1
Question 6	/1
Question 7	/1
Question 8	/1
Question 9	/1
Question 10	/1
<b>Total marks</b>	<b>/10</b>

#### Task 2

Question 1	/1
Question 2	/1
Question 3	/1
Question 4	/1
Question 5	/1
Question 6	/1
Question 7	/1
Question 8	/1
Question 9	/1
Question 10	/1
<b>Total marks</b>	<b>/10</b>

The Candidate needs to score a minimum of 12 marks across the assessment paper to obtain a pass.

<b>Total assessment marks:</b>	<b>/20</b>	
<b>Final outcome:</b>	<b>PASS / REFER</b>	
<b>Assessor Signature:</b>		DD / MM / YYYY
<b>Internal Moderator Signature:</b> (if sampled)		DD / MM / YYYY
<b>External Moderator Signature:</b> (if sampled)		DD / MM / YYYY