

ESOL Skills for Life
RQF Level: Level 1
Candidate Booklet - Reading
SAMPLE VERSION

The following details must be completed:

Candidate Name:

Candidate Date of Birth:

DD / MM / YYYY

Candidate Signature:

Centre Name:

Assessor Name:

Task 1:

DD / MM / YYYY

Assessment Date:

Task 2:

DD / MM / YYYY

Task 3:

DD / MM / YYYY

INSTRUCTIONS FOR CANDIDATES:

- Do **NOT** turn over the page to start the assessment until instructed to do so
- This assessment is made up of **3 TASKS**.
- Answer all of the questions
- You must complete this examination paper in black or blue **PEN**
- Only English – English dictionaries are permitted

Reading Guide Time - 50 minutes

Task 1

Read the text and answer questions 1-8.

Dr Green Group Practice
The Health Centre, Doncaster, DN1 4AB
Tel: 0845 123 4567

Mr Stuart Jackson
16 Park Avenue
Doncaster
DN4 8EG

Dear Mr Jackson,

We are inviting you to attend your free NHS Health Check on 18th March 2016 at 13.30.

NHS Health Checks are being offered to people aged between 40 and 74 once every five years. The check is to assess your risk of developing heart disease, stroke, kidney disease or diabetes. If there are any warning signs, then together we can do something about it.

By taking early action, we can improve your health and prevent the onset of these conditions. The check should take 20 – 30 minutes and is based on questions and measurements such as age, height, weight, blood pressure and family history.

Please bring a morning urine sample with you. There will also be a simple FASTING blood test to measure your cholesterol level. You will need to fast for 12 hours before your blood test – nothing to eat or drink apart from a sip of water.

Following the check, you will receive free personalised advice about what you can do to stay healthy.

Please note that this is a confidential health check and it will not affect any health related benefits you might be receiving.

If you cannot attend this appointment, please call the surgery on 0845 123 4567 and we will arrange a more suitable time.

In order to get the best out of your visit, you should do the following in preparation:

- Decide on what your priority for the visit is
- Think about what you are already doing to help yourself
- List specific health concerns you might wish to discuss

We hope you will be able to _____ this initiative.

Yours sincerely,

Dr Amanda Green

1. According to the letter, Mr Jackson needs to call the practice:
 - a) to arrange the Health Check.
 - b) to confirm the Health Check.
 - c) if he needs to rearrange the Health Check.

2. The NHS Health Check is available:
 - a) at no cost.
 - b) at no cost to patients receiving benefits.
 - c) at no cost, unless you request personalised advice.

3. NHS Health Checks are offered to:
 - a) male patients only.
 - b) patients who suffer from specific conditions.
 - c) patients of certain ages only.

4. The main aim of the Health Check is:
 - a) early identification of certain diseases.
 - b) monitoring of the levels of certain diseases.
 - c) maintaining accurate patient records.

5. The letter states that the Health Check is confidential in order to:
 - a) reassure patients.
 - b) warn patients.
 - c) discourage patients.

6. Choose the most suitable word(s) for the gap in the last sentence:
 - a) agree
 - b) participate in
 - c) approve of

7. Why should the patient think about their health before the check?
 - a) So that an appropriate doctor can be allocated to carry out the check.
 - b) In order to maximise the benefits of the check.
 - c) So that extra time can be arranged for the check.

8. The section of the text which includes bullet points contains a list of instructions. We know this because:
 - a) it includes imperative verb forms.
 - b) it is included in a formal letter.
 - c) it is included at the end of the letter.

(8 marks)

Reading Task 2

Read the three texts and then answer the questions below.

Text 1

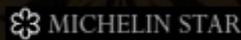
WELCOME to the Oak Tree

This small renowned restaurant has been a part of Bramwell since the early eighties. Now owned by husband and wife team Simon and Irene Locksmith, the Oak Tree continues to aim to be the best.

The modern French menu and extensive wine cellar offer food lovers an unforgettable experience. Simon's commitment to the best, freshest ingredients, which are sourced from local farmers and other suppliers, will **entice** food lovers with favourites such as roast sea scallops, celeriac puree, white truffle oil and one of the impressive signature soufflés.

The Oak Tree represents a combination of 21st century efficiency and exquisite good taste. Whilst the kitchen boasts the latest equipment, the restaurant features a collection of art and antiques which define the style and luxury for which the Oak Tree is famed.

We look forward to welcoming you to the Oak Tree. We are open Tuesday - Saturday from 6pm for dinner and on Friday, Saturday and Sunday from midday for lunch and dinner.



Text 2

“Elitist”

Reviewed 2 December 2015 via mobile

This was one of the strangest dining experiences I have ever had. I went with my wife to spend a voucher she had been given and unfortunately won't be rushing back. The reputation for excellent food was probably upheld, but I'm surprised that they hold a Michelin star. A restaurant charging £35+ per person for lunch needs to offer so much more in my view. The Oak Tree is tired and lacks atmosphere to the extent that I felt uncomfortable being there, even if I'm not their target market! John
Visited October 2015

Text 3



Article Talk

Michelin Guide

From Wikipedia, the free encyclopedia

Michelin Guides are a series of annual guide books published by the French company Michelin for more than a century. The term normally refers to the *Michelin Red Guide*, the oldest European hotel and restaurant reference guide, which awards *Michelin stars* for excellence to a select few establishments. The acquisition or loss of a star can have dramatic effects on the success of a restaurant. Michelin also publishes a series of general guides to countries across the world.

1. On what days does the Oak Tree restaurant serve the dinner menu **only**?

2. In text 1, the word 'entice' can be best replaced with:

- a) admire.
- b) attract.
- c) show

3. When did John have a meal at the Oak Tree?

4. John's review of the restaurant can be described as mostly:

- a) favourable.
- b) enthusiastic.
- c) negative.

5. John's main complaint about the restaurant is:

- a) the quality of the food is poor.
- b) he felt rushed by the restaurant staff.
- c) the food is overpriced.

6. According to text 3, where are the Michelin general guides published?

7. What is the main purpose of text 3?

8. In which text will you find information about the effects of Michelin star rating on restaurants?

(8 marks)

Reading Task 3

Read the text and then answer the questions below.

Why Your Smartphone shouldn't be the Boss of You.

By Simon Sloane.

The worst case of “work addiction” I have ever heard was described to me by an ex-senior manager.

A member of his team – let’s call him Gary – was forced by his employer to take a holiday. The firm saw yet another potential burnout victim from overwork and no play. So Gary bid farewell and set off for sunny Crete for two weeks with his girlfriend. While he was away, the firm noticed something mysterious. Gary’s emails were periodically being cleared in compact 20-minute bursts. He was asked about it when he came back. It turned out he simply couldn’t sit by the beautiful seashore doing nothing all day so he smuggled his smartphone to the beach and slipped off to the toilet every once in a while to read his emails. Gary’s co-workers found it hilarious, but they were also worried.

It’s hard to say exactly when having a smartphone in your pocket became such a major source of obsession, stress and overwork. To see just how inescapable it has become, just try asking a stressed City worker to turn off their smartphone during lunch. Things can get nasty.

We have a “never switched off” culture that has been growing over the past 15 years and it is not surprising that research has found that employees spend as much time working overtime as they are entitled to take as their statutory annual holiday.

But here’s the catch: there is nothing about a smartphone that forces people to send yet another email. It doesn’t insist on it long after the office has closed. It’s just a little piece of plastic and silicon. Perhaps it’s simply fewer people having to do more work? But this is where employment and life slowly merge and become indistinguishable from each other. A job today is something we are... preferably 24/7. Some workers even admit that they compulsively sleep with their phones, just in case the boss or client calls.

So what can we do? Some have advocated what I call “a digital detox”. Steve Hilton, former adviser to the Prime Minister and now a Silicon Valley entrepreneur, boasts that he hasn’t had a phone in years. It’s almost as though giving up the smartphone is like dealing with an addiction to alcohol.

Some companies are trying to stop the use of work email after office hours. Some firms even automatically delete incoming messages for any staff who are on holiday. Ironically, the arguments for these initiatives are profit-based, since stressed and overworked employees are less productive.

But is technology really the heart of the problem? Perhaps the growing tendency to become addicted to email merely reflects our wider obsession with work, where we all can’t afford to switch off. It is that mind-set that really needs to change.

1. Which statement best describes the writer's opinion?
 - a) He believes that working hard is the only way to gain promotion at work.
 - b) He suggests that the use of smartphones makes employees more lazy.
 - c) He thinks that technology significantly influences the modern work culture.

2. Which best matches the meaning of 'potential burnout victim' in paragraph 1?
 - a) A worker whose health is likely to suffer due to their job.
 - b) An employee who resigns from their job.
 - c) Someone who has been sacked unfairly.

3. The word 'periodically' in paragraph 1 could best be replaced with:
 - a) rhythmically.
 - b) annually.
 - c) systematically.

4. The word 'inescapable' in paragraph 2 means:
 - a) very keen to escape.
 - b) impossible to escape from.
 - c) having no intention of escaping.

5. A sentence is missing at the end of paragraph 3. Choose the correct sentence to complete the paragraph:
 - a) Health problems are inevitable consequences, according to the study.
 - b) The holiday companies are stretched to the maximum because of this.
 - c) This is a completely reliable way of conducting research, the report said.

6. The phrase 'here's the catch' at the beginning of paragraph 4 is an example of:
 - a) formal register.
 - b) colloquial language.
 - c) emphasis.

7. List one of the changes that employers are making to prevent work addiction:

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8. Name two text features which suggest it is a newspaper article:

1.
2.

(8 marks)

END OF READING ASSESSMENT

Assessment Decision Record

Candidate Name:

Task 1	
Question 1	/1
Question 2	/1
Question 3	/1
Question 4	/1
Question 5	/1
Question 6	/1
Question 7	/1
Question 8	/1
Total marks	/8
Task 2	
Question 1	/1
Question 2	/1
Question 3	/1
Question 4	/1
Question 5	/1
Question 6	/1
Question 7	/1
Question 8	/1
Total marks	/8
Task 3	
Question 1	/1
Question 2	/1
Question 3	/1
Question 4	/1
Question 5	/1
Question 6	/1
Question 7	/1
Question 8	/1
Total marks	/8

The Candidate needs to score a minimum of 15 marks across the assessment paper to obtain a pass.

Total assessment marks:	/24	
Final outcome:	PASS / REFER	
Assessor Signature:		DD / MM / YYYY
Internal Moderator Signature: (if sampled)		DD / MM / YYYY
External Moderator Signature: (if sampled)		DD / MM / YYYY